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Up the Hill We Go!

Sarah Fauzia and Alima Nufus



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Up the Hill We Go!

Author : Sarah Fauzia
Supervisors : Supriyatno, Helga Kurnia, Berthin Sappang, Akunnas Pratama
Illustrator : Alima Nufus
Manuscript Editor : Eva Nukman
Visual Editor : Fanny Santoso
Designer : Damar Sasongko
Translator : Annisa Rahmadani
Translator Editor : Jane Elizabeth Milam

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Message from the Head of Center for Book Affairs

Hello, My Dear Readers! Greetings!

This awesome book is especially for you.

You can listen to or read the interesting story in this book and also in the other books that are available to you. These books will help you be active, make friends and share as well as learn from your surroundings. The stunning illustrations will help you understand each storyline. Hope you enjoy reading these books and become more passionate about reading.

Happy reading!

Head of Center for Book Affairs

Supriyatno, S.Pd., M.A
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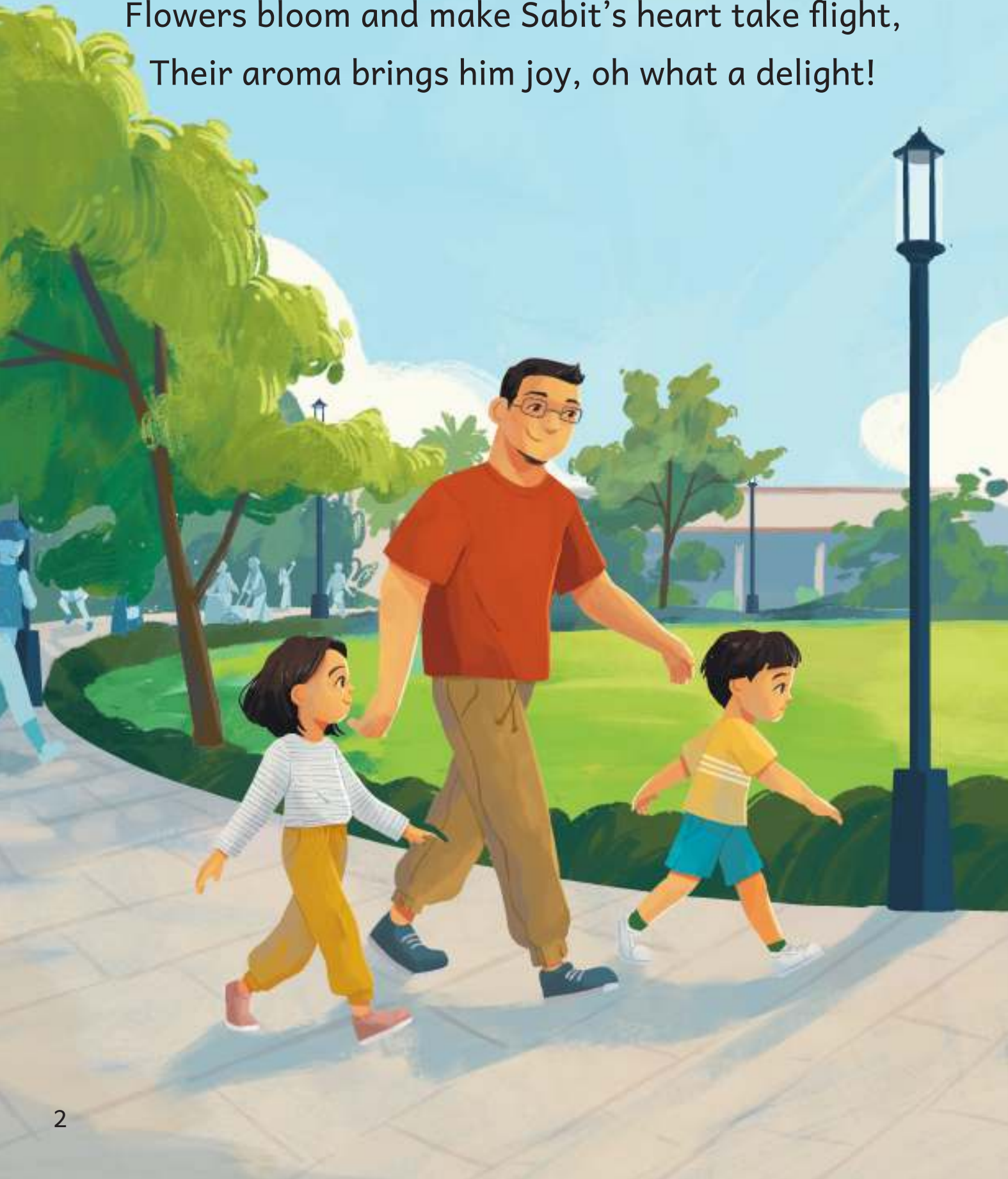
Up the Hill We Go!

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Every morning, Bulan, Sabit, and Dad take a stroll,
Sabit must let out his energy, it's quite a toll.

Flowers bloom and make Sabit's heart take flight,
Their aroma brings him joy, oh what a delight!



Motorbikes roar and grumble by!
Sabit startled and begins to cry.



Bulan suggests they head back home,
Because Sabit needs a peaceful dome.


They make their way back to their base,
Dad reads to Bulan and Sabit with grace.

Sabit loves books about
plants and critter,
Restored to calm, no
longer a flitter.



Dad mimics the cricket's song,
The sound is truly charming and strong.
Sabit joins in with a chirp, chirp, chirp, long.



An illustration of a woman with dark hair and a striped shirt pointing at a book, and a boy with dark hair and a yellow shirt looking at the same book. The book has two pages visible: the left page shows a cicada on a white background with some text, and the right page shows a cicada on a large green leaf. The woman is on the left, and the boy is on the right.

Sabit wants to see a cicada in its glory,
Dad takes them to the hills, continuing the story.

Look, this cicada's like a giant fly,
At the end of the rainy season,
its sound fills the sky.
But Dad can't mimic
its high pitch, oh my!

Bulan and Sabit quickly gear,
Full attire to shield them, clear.
This journey's different, they hold dear.



They must be cautious
on their feet,



Roads descend and ascend,
a rhythmic beat.





A kind woman wants to lend a hand,
Bulan informs her of the stand,
Sabit dislikes touch,
she should understand.

Sabit starts to cover his ears, tight!
The cicada's noise
must give him a fright.



Inhale...

exhale...



steady, steady...



Bulan models it, always ready.



Steady... steady...
Sabit repeats,
his mimicry's ready.
Dad and Bulan breathe
easier, now less heady.

They resume their journey's span,
When will they reach, as per the plan?



Oh, what's that sound, a clue?
Bulan wants to explore, and Sabit does too.
He hustles up, the mystery to view.



Sabit rises with a swift cheer,

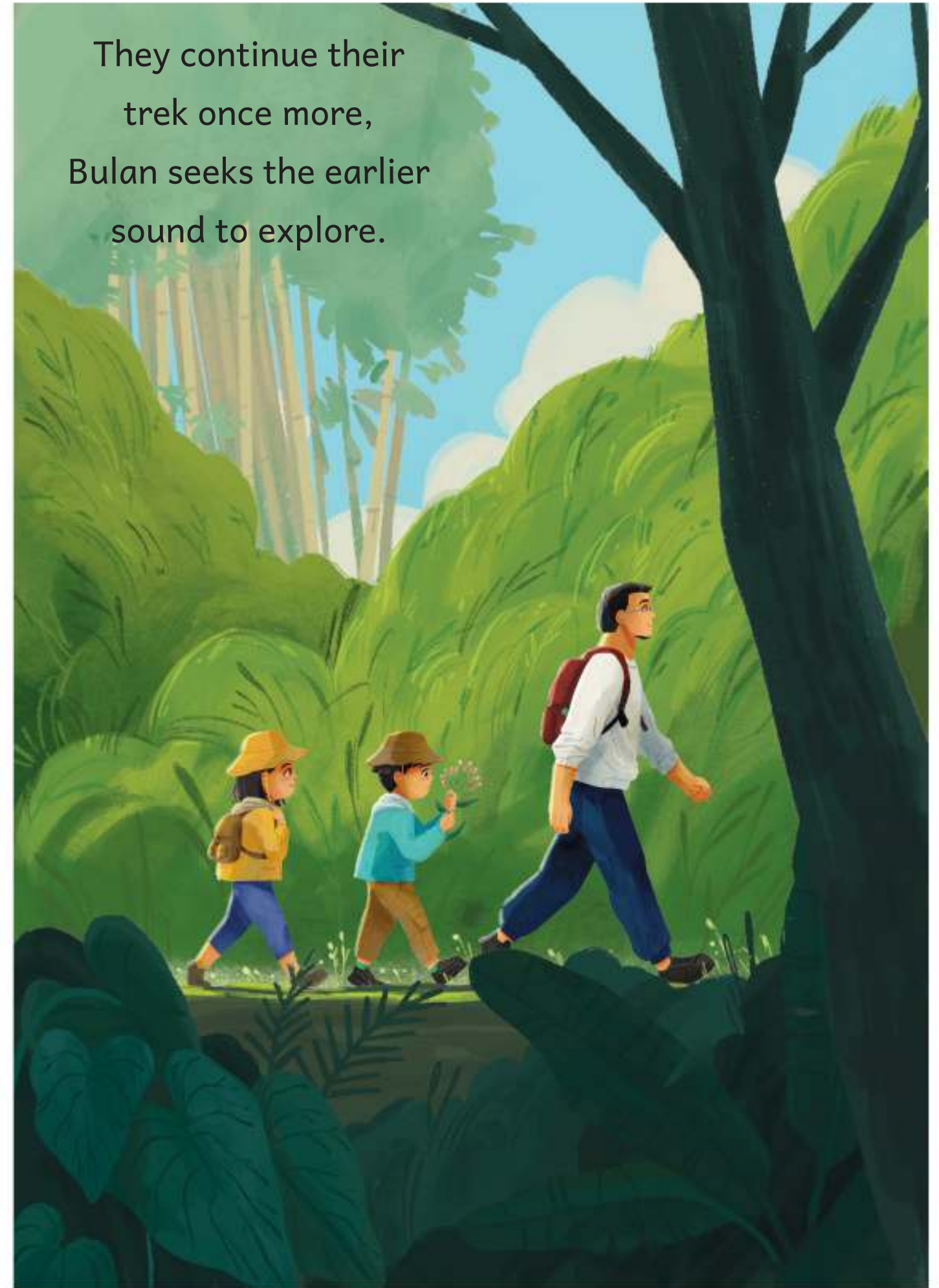


His face glows, happiness is clear.

In his hand, a flower dear,
It's a cinchona! The aroma,
oh so sheer!



They continue their
trek once more,
Bulan seeks the earlier
sound to explore.



A waterfall greets their gaze,
They all stand in a daze.





Why does Sabit seem not at ease?
Oh no, his cinchona's lost in the breeze!



Inhale... exhale in
a sweep,



Inhale...
exhale deep,

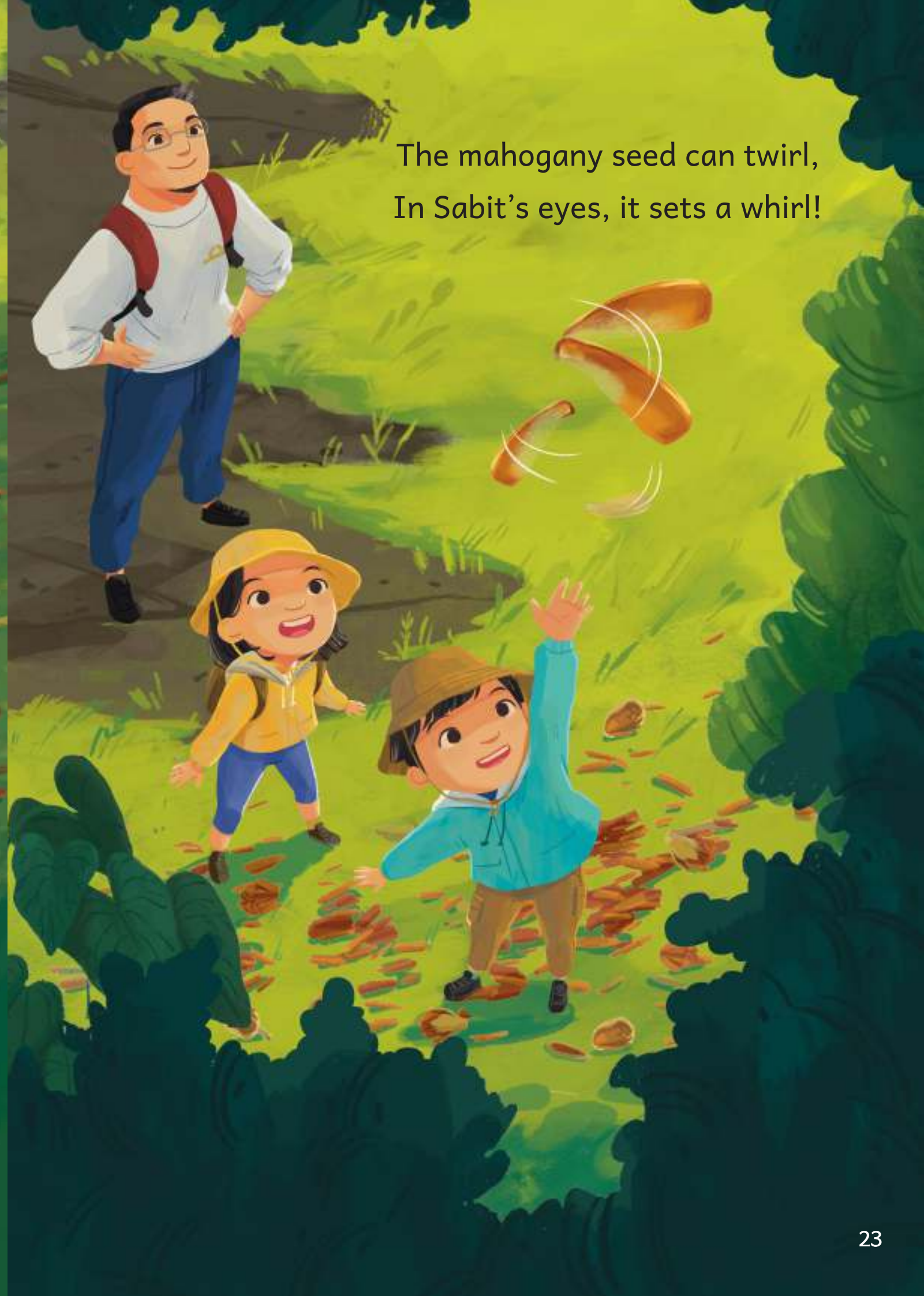


Sabit mimics,
maintaining
the beat.





Bulan gifts Sabit a mahogany seed,
Sabit finds calm again, indeed.



The mahogany seed can twirl,
In Sabit's eyes, it sets a whirl!

NOTE

(for parents or teachers to explain)

Sabit in this story is a child with autism.

Autism: A developmental disorder in children.

They find it challenging to express their feelings and desires.

Mimicry: The act of repeating sounds/speech from others, which is one way children with autism practice their language skills.

Cinchona: A tree whose bark is used to produce antimalarial medicine.

Mahogany: A shade-providing tree. Its seeds can spin as they fall through the air.

A Message to Our Readers

Hello, friends!

Do you like walking just like Bulan and Sabit?

Walking outdoors every morning keeps us healthy.

We might even come across cute animals or beautiful, colorful flowers. Sounds fun, doesn't it?

Breathing in the morning air, stepping with a dance so fair, jumping high, left and right, chasing the sun, oh what a sight!

But always remember, safety's the key,
Let's take a walk, just you and me!

Warm wishes,
Sarah and Alima

Author



Sarah Fauzia pursued her studies at the Department of Special Education, Indonesia University of Education. Her debut book, titled *Tarian Sunyi*, was digitally published. Previously, Sarah worked as a specialist at the Jakarta Social Care Institution for the Visually and Hearing Impaired. Besides nurturing her two daughters, Sarah also enjoys diving into the literary world related to inclusivity. She'd be delighted to make new friends on Instagram at @fauziasarah.

Illustrator



Since childhood, **Alima Nufus** has been fond of drawing. After exploring various media and techniques such as painting, comics, calligraphy, and digital art, Alima chose to study visual arts in college in Bandung. After graduation, she decided to focus on illustration, especially in children's books, and has since published several works. You can view her creations on her Instagram profile at @alimanufus.



Manuscript Editor



For **Eva Nukman**, children's books need careful preparation. Thus, she's always been diligent in writing, editing, or translating them. Several of her works have won national and international awards. Along with her colleagues, Eva founded Litara, a foundation dedicated to children and the joy of reading.

Desainer



Damar Sasongko has loved children's books and comics ever since he was young. In 2014, he decided to work in the publishing world. Since then he has helped with the publication of hundreds of books as a designer, art director, or editor. Right now, he is pursuing the art of printmaking. Say hello to him on Instagram @kaoskutang

Editor Visual



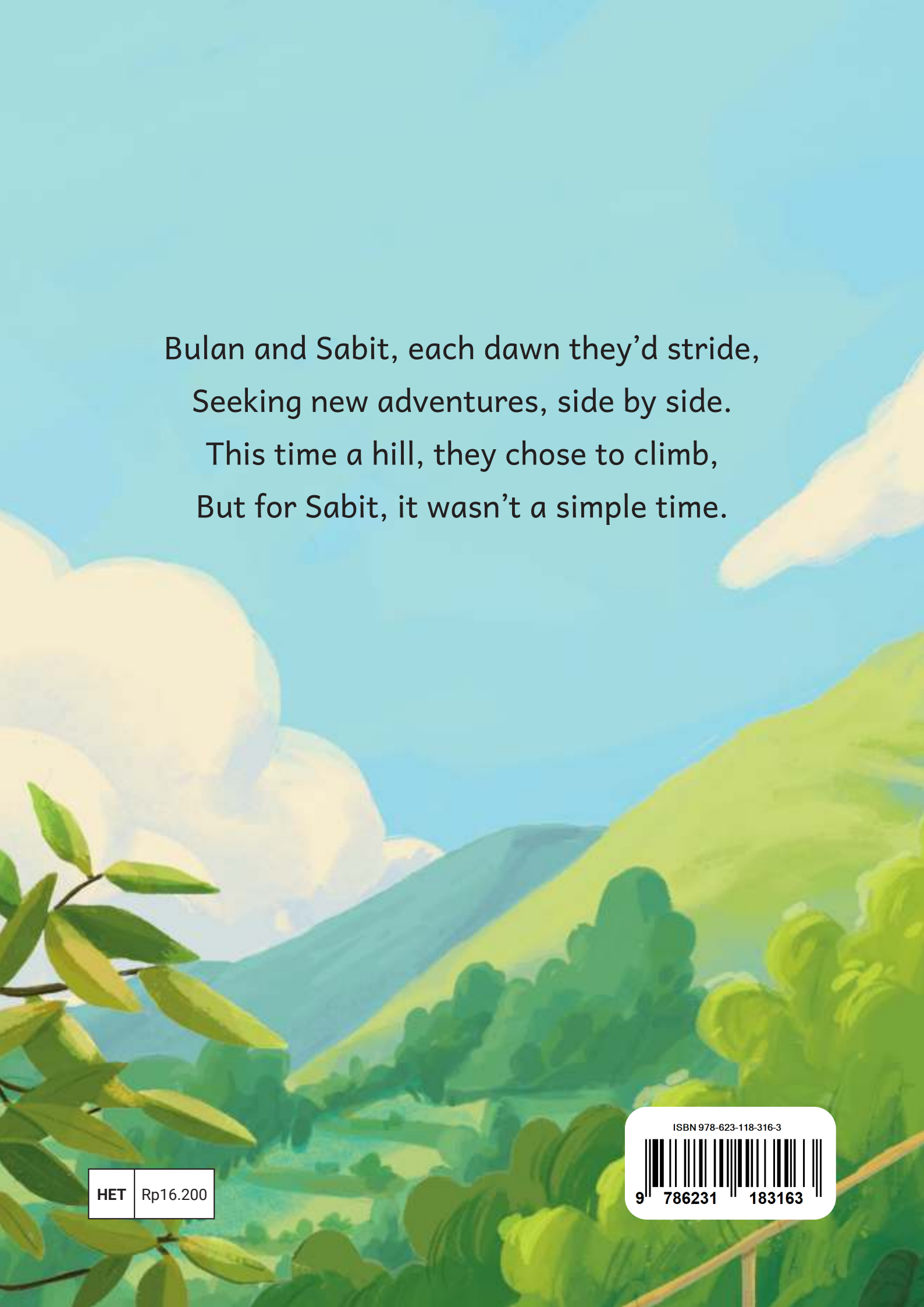
Fanny Santoso is known by the pen name Studio ARA. She graduated from ITB with a degree in Visual Communication Design and has loved drawing since she was little. Since 2007, she has been illustrating children's storybooks. One of the books she wrote and illustrated herself is titled *Sahabat Kecil Putri Pandan Berduri*. This book received the Best Illustration award from the Islamic Book Awards at IBFI 2018. You can enjoy her wonderful illustrations on Instagram @studio_ara12.



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Bulan and Sabit, each dawn they'd stride,
Seeking new adventures, side by side.
This time a hill, they chose to climb,
But for Sabit, it wasn't a simple time.

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